

Hot and Cold Therapy

LEADER™

Hot & Cold Reusable Compress or Wrap

- For pain relief
- Wrap includes gel pack and sleeve
- Delivers sustained therapeutic temperatures for both hot and cold therapy



M

CIN	Mfr. No.	Description	Qty.
3347317	11133	Compress	1/ea
4490702	12088	Head & neck wrap	1/ea
5588736	13932	Micro pillow	1/ea
5588728	13931	Multi-Compress Wrap	1/ea
4490686	12086	Universal small wrap	1/ea
4490694	12087	Universal large wrap	1/ea
4490389	12084	Universal plus wrap	1/ea

HCPCS Code: Instant Cold Pack E0230

3M Consumer Health Care Products

ACE™ Hot & Cold Compress Reusable

- Multipurpose hot or cold therapy
- Soft outer pouch helps deliver hot or cold therapy and eliminates the need for a towel or cover
- Reusable and microwaveable
- Provides safe and effective hot or cold therapy treatment as well as compression



M

CIN	Mfr. No.	Description	Qty.
2415305	207518	Compress	1/ea

HCPCS Code: E1399

Hot and Cold Therapy Education



Cold Therapy

Combines two of the principles of R.I.C.E. (Rest, Ice, Compression and Elevation) to reduce pain and swelling from an injury to soft tissues.

- Swelling and Inflammation
- Sprains and Strains
- Pulled Muscles and Ligaments



Heat Therapy

Warmer temperatures increase blood flow and help to supply oxygen and nutrients to treatment areas.

- Stiff Joints
- Chronic Pain
- Migraines and Ear Infections
- Muscle Spasms and Cramps



Moist Heat

Increases circulation and helps warm temperatures penetrate deeper, providing more relaxation and flexibility to muscles.

- Arthritis
- Stiff Neck and Back
- Headaches and Sinus Pain
- Sports Injuries and Muscle Pain

Provided by Compass Health Brands

COMPASSHEALTH

3M Consumer Health Care Products

ACE™ Knitted Cold/Hot Compress Wrap

The reusable cold/hot pack with compression wrap delivers convenient cold/hot therapy.

- Soft outer pouch is comfortable against your skin
- Bandage wrap holds the gel pack in place for hassle-free relief
- Reuse again and again
- Heat therapy is great for muscle aches, cramps, and stiffness
- Cold therapy is ideal for sprains, strains, bumps, and bruises



CIN	Mfr. No.	Description	Size	Qty.
2415313	207519	Compression wrap	4 x 10 in.	1/ea

Apothecary Products

Acu-Life 360° Hot & Cold Therapy Brace

- 4-in-1 design for ankles, elbows, knees and wrists
- Use for strains, sprains, arthritis, tendonitis, bursitis
- Microwaveable and freezable
- Includes two extension straps



CIN	Mfr. No.	Description	Qty.
3933090	400613	360° 4-in-1 brace	1/ea

3M Consumer Health Care Products

ACE™ Shoulder Hot/Cold Wrap

The Hot/Cold Shoulder Wrap utilizes insulating wrap material which is ideal for hot or cold treatments.

- Freeze the two gel inserts for at least two hours for a shoulder ice pack
- Microwave the gel inserts for 20 seconds for heat therapy
- Easy to use design surrounds your shoulder from front to back
- Stretchy neoprene-blend materials provide a contoured fit
- Adjustable strap secures around your ribcage for comfort



CIN	Mfr. No.	Description	Size	Qty.
5603451	208612	Shoulder hot/cold wrap	One size-adjustable	1/ea



Apothecary Products

Strive™ Reusable Hot/Cold Therapy Compression Wrap

- Medical-grade materials that help accelerate healing and recovery
- The adjustable straps with hot or cold gel packs provide customizable therapy for chronic aches and pains
- Wear at an ideal temperature for at least 20 minutes for fast relief or on the go to manage pain during daily routines
- Made in the USA

CIN	Mfr. No.	Description	Qty.
5604111	70098	Ankle	1/ea
5604095	70095	Back	1/ea
5604103	70097	Knee	1/ea
5604087	70094	Wrist	1/ea

3M Consumer Health Care Products

Nexcare™ Cold/Hot Pack Reusable

- Dual purpose flexible ice or soothing heat
- Can be used as a cold or hot pack
- Ideal for pain and swelling caused by bumps, bruises and sprains, and for soothing muscle aches and stiffness
- Includes a protective cover with elastic band to secure pack in place



CIN	Mfr. No.	Description	Qty.
2828598	2671PEG	Cold/hot pack	1/ea

M May be reimbursable by Medicare Part B

Available through Cardinal Health Drop Ship program

HCPCS are for reference only and should be verified before billing.

Note: Products may not be available in all Cardinal Health Distribution Centers

Hot and Cold Therapy



Battle Creek Equipment

Ice It!® MaxCOMFORT™ Hot & Cold Therapy Wrap

- Wearable systems provides comfortable hot or cold therapy while providing light compression and allowing you to remain active
- Positions therapy where needed and wrap stays in place on body
- Wide detachable elastic strap provides flexibility in fitting body locations
- Cold therapy: helps reduce pain and swelling - chill gel pack in freezer or fridge, remains flexible
- Hot therapy: microwave gel pack—for targeted, convenient pain therapy

M

CIN	Mfr. No.	Description	Size	Qty.
3025939	550	Back or large areas of the body	9 x 20 in.	1/ea
4283180	514	Elbow/ankle/foot	9.5 x 16 in.	1/ea
4283198	512	Knee	12 x 12 in.	1/ea
2968550	540	Medium multi-use with strap	6 x 18 in.	1/ea
4299798	510	Neck/jaw/sinus	4.5 x 10 in.	1/ea
4283214	516	Shoulder	6 x 12 in.	1/ea
2968543	530	Small multi-use with strap	6 x 9 in.	1/ea
3184991	560	Set of two (gel pack only)	4.5 x 6 in.	1/ea
2968535	520	Single (gel pack only)	6 x 9 in.	1/ea

HCPCS Code: A9273

Carex Health Brands

Bed Buddy® Moist Heat Thermotherapy Wrap

- Moist heat pack used for soothing sore muscles, aches and pains
- Use it hot or cold
- Reusable and ready in minutes
- Stays heated for up to 1 hour



CIN	Mfr. No.	Description	Size	Qty.
3807195	BBF1998	Hot and cold pack	1 x 23 x 4 in.	1/ea



Carex Health Brands

Bed Buddy® Moist Heat Thermotherapy Back or Body Wrap

- Use it hot or cold
- Microwaveable and ready in minutes
- Stays heated for up to 1 hour
- Filled with 100% natural organic grains

CIN	Mfr. No.	Description	Size	Qty.
3807203	BBF5085	Back wrap	1 x 20 x 7 in.	1/ea
3807211	BBF2000	Body wrap	1 x 23 x 16 in.	1/ea

Carex Health Brands

Thermi PAQ Hot & Cold Pain Relief Wrap

- Clay based hot and cold therapy
- Radiant energy technology allows wrap to heat evenly throughout without generating any hot spots that can harm your skin
- Soft cover with hook and loop straps
- Fits tight to conform to all parts of the body



CIN	Mfr. No.	Description	Qty.
4574653	TPF5320LP	Pain relief wrap	1/ea



The Hygenic Corporation

Thera°Pearl® Hot & Cold Therapy

- Made with Pearl Technology® and conforms to your body
- Holds temperature for doctor recommended 20 minutes
- Non-toxic and reusable
- Freeze or microwave

CIN	Mfr. No.	Description	Size	Qty.
4737508	TP-RE1	Eye mask	9 x 2.75 in.	1/ea
4737581	TP-RS1	Sports pack	7.5 x 4.5 in.	1/ea
4737466	TP-RCS	Sports pack with strap	11 x 4.5 in.	1/ea



The Hygenic Corporation

Thera°Pearl® Hot & Cold Therapy Wrap

- Made with Pearl Technology® and conforms to your body
- Holds temperature for doctor recommended 20 minutes
- Non-toxic and reusable
- Freeze or microwave
- Includes strap

CIN	Mfr. No.	Description	Size	Qty.
4957502	TP-RWW	Ankle/wrist	13.83 x 4.25 in.	1/ea
4737441	TP-RBW	Back	17 x 6.75 in.	1/ea
4841615	TP-RK1	Knee	14 x 10.25 in.	1/ea
4737532	TP-RNW	Neck	11.5 x 13 in.	1/ea
5603543	14076	Shoulder	11.4 x 18.4 in.	1/ea

If you don't see what you're looking for... ask us about it.

This catalog contains just some of the items available through Cardinal Health. If you don't see the item you need, call **800.530.2696** and ask a **Home Healthcare Specialist** for assistance.

Sunbeam

FlexTemp™ Hot + Cold Joint Wrap

- Targeted hot and cold therapy for elbow and knee joints
- Stays in place with fastening straps for hands-free treatment
- Includes removable, freezable gel pack for anti-inflammatory cold therapy
- 3 heat settings and 2-hour auto-off
- Machine washable pad



CIN	Mfr. No.	Description	Size	Qty.
5664107	2108197	Heating pad	Heated wrap: 7.5 x 9 in. Cold pack: 6 x 8 in.	1/ea

Cold Therapy

LEADER™

Cold Pack Instant

- Ideal first-aid for sports or recreational injuries
- Two single-use disposable instant cold packs per package



M

CIN	Mfr. No.	Description	Qty.
5513205	11410	Cold pack	2/ct
4490660	12085	Cold pack	1/ea

HCPCS Code: E0230

3M Consumer Health Care Products

ACE™ Cold Compress Reusable

- Helps relieve pain and swelling
- Soft touch fabric contours to the body and remains flexible after freezing
- Reusable-cold application
- Can be applied directly to the skin



M

CIN	Mfr. No.	Description	Qty.
1363159	207516	Small	1/ea
2738748	207517	Large	1/ea

HCPCS Code: E1399

LEADER™

Ice Bag

- Design easily conforms to body
- Large opening for easy filling



CIN	Mfr. No.	Description	Size	Qty.
4082756	11639	Ice bag	6 in.	1/ea
4082764	11640	Ice bag	9 in.	1/ea
4082772	11641	Ice bag	11 in.	1/ea

3M Consumer Health Care Products

Nexcare™ Cold Pack Reusable

- For fast pain relief at home
- Soft gel filled pillow that chills in freezer to an ice cold temperature
- A convenient way to apply cold first



CIN	Mfr. No.	Description	Qty.
1198944	2646PEG	Cold pack	1/ea

3M Consumer Health Care Products

ACE™ Cold Compress Instant

- Single use
- Helps stop pain and swelling fast
- Good for emergency first-aid treatment



M

CIN	Mfr. No.	Description	Qty.
3327483	207514	Twin pack	1/ea

HCPCS Code: E1399

Cara

Ice Bag

- Durable waterproof fabric
- Cold therapy used for the treatment of muscle strains and sprains
- Electra mechanically sealed
- Not made with natural rubber latex



CIN	Mfr. No.	Description	Size	Qty.
1009323	7	Ice bag	6 in.	1/ea
1009349	8	Ice bag	9 in.	1/ea
1009372	9	Ice bag	11 in.	1/ea

Carex Health Brands

Thera MED® Icy Cold Ice + Gel Pack

- Utilizes icy cells surrounded by a cooling gel that remains flexible when frozen and molds to the body for targeted relief from pain and inflammation
- Contains ice cooling cells and an insulating, flexible outer gel
- Provides long lasting, deep penetrating relief
- Includes dual-sided sleeve with adjustable Velcro strap



Carex Health Brands

Thera MED® Universal Dual-Temp® Cold Pack

- The reusable cold pad reduces pain and swelling
- Dual-Temp® technology features blue side for mild cold therapy and white side for maximum strength cold

CIN	Mfr. No.	Description	Size	Qty.
4245445	TMF60000	Gel pack	Medium	1/ea
4245452	TMF61000	Gel pack	Large	1/ea

CIN	Mfr. No.	Description	Size	Qty.
4024691	TMF10120	Dual-temp cold pack	0.5 x 14 x 5.33 in.	1/ea

LEADER™

Heating Pad

- 60 minute auto-off push button switch with “On” indicator light
- Four automatically-controlled heat settings
- Wet-proof pad construction
- Removable hand-washable cloth cover



M

CIN	Mfr. No.	Description	Qty.
4125050	11673	Moist/dry pad	1/ea
4556809	12220	Moist/dry pad king size	1/ea

HCPCS Code: E0215, E0238



Battle Creek Equipment

Thermophore® Classic™ or MaxHEAT™ Heat Pad

- Intense moist heat penetrates deeply to relieve muscle spasms and pain
- Produces its own moisture from the atmosphere—no need to add any water
- Handheld, momentary heat control – Classic models
- 3-temps and 25 minute auto-shut-off – MaxHEAT models
- Luxurious, washable and removable cover

M

CIN	Mfr. No.	Description	Size	Qty.
1674050	077	Classic petite	4 x 17 in.	1/ea
4329488	056	Classic medium	14 x 14 in.	1/ea
1674035	055	Classic large	14 x 27 in.	1/ea
4025375	155	MaxHEAT back/large	14 x 27 in.	1/ea
4025367	156	MaxHEAT joint/medium	14 x 14 in.	1/ea
4025359	177	MaxHEAT neck/petite	4 x 17 in.	1/ea

HCPCS Code: E0210

LEADER™

Water Bottle

- Made of durable red rubber
- Not made with natural rubber latex



CIN	Mfr. No.	Description	Qty.
4082780	11642	Water bottle	1/ea
4082798	11643	Combination syringe/water bottle	1/ea

M May be reimbursable by Medicare Part B

Available through Cardinal Health Drop Ship program

HCPCS are for reference only and should be verified before billing.

Note: Products may not be available in all Cardinal Health Distribution Centers

Hot Therapy



Cara
Heating Pad

- Wet-proof construction
- Four automatically-controlled heat settings
- Removable hand-washable cloth cover
- 60-minute auto-off switch

M

CIN	Mfr. No.	Description	Size	Qty.
1681592	50	Dry pad	11.5 x 14 in.	1/ea
1681568	51	Moist/dry pad	11.5 x 14 in.	1/ea
1681584	53	Moist/dry pad king	11 x 23 in.	1/ea

HCPCS Code: E0215 (CIN 1681568, 1681584 only)

Cara
Select Heat Moist/Dry Heating Pad

- Select preferred time and temperature
- Large, easy to read digital control with automatic shut off
- Removable hand washable cloth cover
- Sponge pad for moist heat



M

CIN	Mfr. No.	Description	Size	Qty.
3658770	72	Standard	11 x 14 in.	1/ea
4435459	73	King	11 x 24 in.	1/ea

HCPCS Code: E0215

Cara
Washable Deluxe Heating Pad

- 60 minute auto off
- Washable fabric heating pad construction
- Four heat settings



M

CIN	Mfr. No.	Description	Size	Qty.
1681576	52	Standard	12 x 14 in.	1/ea

HCPCS Code: E0215

Carex Health Brands
Bed Buddy® Neck Pillow

- Long-lasting and reusable therapy pack is filled with 100% natural grains to provide a comfortable feel
- Provides moist heat therapy by simply heating in the microwave to treat tired and sore muscles relief
- Therapeutic benefits of moist heat therapy with the relaxing scents of lavender and chamomile to offer a relaxing and calming treatment
- Molds to the neck and shoulders for ultimate comfort



CIN	Mfr. No.	Description	Qty.
4245858	BBF4001	Neck pillow	1/ea

Sunbeam

FlexFit™ Heated Wrap

- Long, slim heating pad that wraps easily around multiple body parts
- Targeted heat therapy for the arm, elbow, wrist, ankle and lower leg
- Stays in place with ends that fasten securely for hands-free use
- 3 heat settings and 2-hour auto-off
- Machine washable pad



CIN	Mfr. No.	Description	Size	Qty.
5664099	2082658	Heating pad	2.5 x 42 in.	1/ea

Sunbeam

King Size Heating Pad with XpressHeat®

- XpressHeat® Technology provides fast heat in just 30 seconds
- 4 heat settings and 2-hour auto-off
- Machine washable cover



CIN	Mfr. No.	Description	Size	Qty.
5664065	2102228	Heating pad	12 x 24 in.	1/ea

Sunbeam

Heated Back Wrap

- Targeted heat therapy designed for the back
- Stays in place with adjustable strap that extends up to 85 inches
- 4 heat settings and 2-hour auto-off
- Machine washable pad



CIN	Mfr. No.	Description	Size	Qty.
5664115	2101068	Heating pad	23 x 15 in.	1/ea

Sunbeam

Renue® XL Heat Wrap

- Targeted heat therapy for the neck, shoulders and back
- Stays in place with magnetic clasp and lightly weighted edges
- 4 heat settings and 2-hour auto-off
- Machine washable pad



CIN	Mfr. No.	Description	Size	Qty.
5664081	2101070	Heating pad	25 x 25 in.	1/ea

Need a product immediately?

Call the **Home Healthcare Specialist** at **800.530.2696**. A specialist will work with you to check availability, pricing, place your order and follow through on a speedy delivery.

Sunbeam

Standard Size Moist/Dry Heating Pad

- Soothing heat therapy for common muscle and joint pain with optional moist heat sponge
- Easy-to-use slide controller specially designed for those with arthritic pain
- 3 heat settings and 2-hour auto-off
- Machine washable cover



CIN	Mfr. No.	Description	Size	Qty.
5664073	2101860	Heating pad	12 x 15 in.	1/ea

M May be reimbursable by Medicare Part B

Available through Cardinal Health Drop Ship program

HCPCS are for reference only and should be verified before billing.

Note: Products may not be available in all Cardinal Health Distribution Centers